

Candy Cane

Rainbows End Classic Non Fat Frozen Yogurt

Nutrition Facts

Serving Size 4 fl oz (92g)

Amount Per Serving

Calories 111 **Calories from Fat** 0

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 61mg **3%**

Total Carbohydrate 25g **8%**

Dietary Fiber 0g **0%**

Sugars 17g

Protein 3g

Vitamin A 0% ● Vitamin C 1%

Calcium 10% ● Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	475g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 ● Carbohydrate 4 ● Protein 4

INGREDIENTS:

Cultured Skim Milk, Milk, High Fructose Corn Syrup, Sugar, Corn Syrup Solids, Maltodextrin, Whey, Maltodextrin, Mono & DiGlycerides, Guar Gum, Locust Bean Gum, Carrageenan, Natural Flavor, Citric Acid, FD&C Red #40

Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium* ssp., *L. rhamnosus*, *L. casei*

Allergens:

Contains : MILK.

